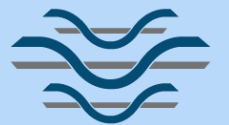




# YEAR 7 MASTERY SHEETS

**#TheLongdendaleLegacy**



**Longdendale**  
HIGH SCHOOL

# Introduction to Poetry | English |

## Week 1

Question	Answer
What is the poetic form?	A poetic form is the structure and pattern of a poem, like rhyme and rhythm.
What is authorial intent?	Authorial intent is the reason why an author writes something and what they want to communicate to readers such as a message or feeling.
What is Rossetti's message in the poem, The Flint?	Rossetti's message in <i>The Flint</i> is about how harsh experiences can reveal inner strength.
What is a metaphor?	A metaphor is a figure of speech that compares two things to be one another.
What is a simile?	A simile is a figure of speech that compares two things using "like" or "as."

## Week 2

Question	Answer
What is personification?	Personification is giving human qualities to non-human things.
What is a semantic field?	A semantic field is a group of words that are related by meaning.
What is Scanlon's message in the poem, Nettles?	Scanlon's message in <i>Nettles</i> is about the pain and growth that come from life's challenges.
What is anthropomorphism?	Anthropomorphism is when animals or objects are given human characteristics.
What is Zephaniah's message in the poem, Talking Turkeys?	Zephaniah's message in <i>Talking Turkeys</i> is about promoting kindness and respect for all living beings.

## Week 3

Question	Answer
What do we mean by 'structure' in poetry?	In poetry, <i>structure</i> refers to how a poem is organized, including its rhyme, stanza, and line patterns.
What is a stanza in poetry?	A <i>stanza</i> is a group of lines / verse in a poem, separated by a space.
What do we mean by line length in poetry?	<i>Line length</i> in poetry refers to how long or short the lines of the poem are, affecting its rhythm and flow.
What is Nichols' message in the poem, Island Man?	Nichols' message in <i>Island Man</i> is about the struggle between belonging to two different worlds.
What are the 8 success criteria steps for reading analysis?	Point, quote(s), devices, explain, tentative language, word-level analysis, reader impact, authorial intent.

## Week 4

Question	Answer
What is narrative writing?	Narrative writing tells a story, often with characters, events, and a plot.
What is first and third person?	First person uses "I" or "we," and third person uses "he," "she," or "they."
How is prose different to poetry?	Prose is regular writing like stories or essays, while poetry uses lines, rhythm, and sometimes rhyme.
What do we mean by past and present tense?	Past tense talks about things that already happened, and present tense talks about things happening now.
What is an extended metaphor?	An extended metaphor is a comparison (metaphor) that is carried through several lines or throughout a whole work.

## Week 5

Question	Answer
What is Bhatt's message in the poem, Search For My Tongue?	Bhatt's message in <i>Search For My Tongue</i> is about the struggle of losing and finding one's identity through language.
What is the extended metaphor in the poem Search For My Tongue?	The extended metaphor in <i>Search For My Tongue</i> compares a language to a growing, changing thing inside the speaker.
What is Blake's message in the poem, A Poison Tree?	Blake's message in <i>A Poison Tree</i> is about how anger, when not expressed, can grow and cause harm.
What is the extended metaphor in A Poison Tree?	The extended metaphor in <i>A Poison Tree</i> compares hidden anger to a growing poison tree that harms others.
What are the 8 success criteria steps for imaginative writing?	Author intent, tone, devices, vocabulary, paragraphs, sentences, punctuation

## Week 6

Masters of recall  
quiz



# Introduction to Poetry | English |

## Week 1

Question	Answer
What is free verse?	<i>Free verse</i> is poetry that doesn't have a specific rhyme or rhythm pattern.
What is Dharker's message in the poem, Blessing?	Dharker's message in <i>Blessing</i> is about the value of water and how it brings life and hope to a community.
What is alliteration?	<i>Alliteration</i> is when words in a sentence or line start with the same sound.
What is consonance?	<i>Consonance</i> is the repetition of consonant sounds in nearby words.
What is onomatopoeia?	<i>Onomatopoeia</i> is when a word sounds like the noise it represents, like "buzz" or "clang."
What is triple emphasis?	<i>Triple emphasis</i> is when three words or phrases are used together to emphasize an idea.

## Week 2

Question	Answer
What is the definition of apartheid?	<i>Apartheid</i> was a system in South Africa where people were treated differently / separated because of their race.
What is segregation?	<i>Segregation</i> means separating people based on things like race or background.
What happened to in District 6?	In <i>District 6</i> , many people were forced to leave their homes because of racist laws.
What is Afrika's message in the poem, Nothing's Changed?	Afrika's message in <i>Nothing's Changed</i> is that even after apartheid ended, racism still exists.
What is the 8 success criteria steps for reading analysis?	Point, quote(s), devices, explain, tentative language, word-level analysis, reader impact, authorial intent.

## Week 3

Question	Answer
What is imagery?	<i>Imagery</i> is when writers use words to create pictures in your mind.
What is Ferlinghetti's message in the poem, Two Scavengers?	Ferlinghetti's message in <i>Two Scavengers</i> is about the differences between social classes and inequality.
What is juxtaposition?	<i>Juxtaposition</i> is placing two things next to each other to highlight their differences.
What is juxtaposing imagery?	<i>Juxtaposing imagery</i> is when contrasting images are placed together to create a stronger effect
What is mirrored sentences?	<i>Mirrored sentences</i> are sentences that have a similar structure or phrasing to show a connection or contrast.
What are the 8 success criteria steps for writing?	Author intent, tone, devices, vocabulary, paragraphs, sentences, punctuation

## Week 4

Question	Answer
What do we mean by Shakespearean language?	<i>Shakespearean language</i> refers to the old-fashioned English used by Shakespeare, with unique words and sentence structures.
What is a sonnet?	A <i>sonnet</i> is a 14-line poem, usually written in iambic pentameter (10 syllable line), that follows a specific rhyme scheme.
What is a syllable?	A <i>syllable</i> is a single unit of sound in a word, like the "cat" in "cat" or the "ta" in "table."
What is rhyme and rhythm?	<i>Rhyme</i> is when words sound alike at the end, and <i>rhythm</i> is the pattern of beats in a poem.

## Week 5

Question	Answer
What is the message in Sonnet 18 by Shakespeare?	The message in <i>Sonnet 18</i> by Shakespeare is that love and beauty can live forever through poetry.
What is tone?	<i>Tone</i> is the feeling or attitude the writer expresses in the writing.
What is a quatrain?	A <i>quatrain</i> is a four-line stanza or section of a poem.
What is a rhyming couplet?	A <i>rhyming couplet</i> is two lines of poetry that rhyme with each other.
What is the effect of the sonnet structure?	The effect of the sonnet structure is to create a sense of order and focus, often building to a strong conclusion.

## Week 6

### Masters of recall quiz



# Topic Directed Number and Fractions | Maths |

## Week 1

Question	Answer
1) What does ascending mean?	Smallest to Largest.
2) What does descending mean?	Largest to Smallest.
3) $8 + -12 = 2$ The above question is wrong, explain why and what the correct answer is.	-4 is the correct answer. On the number line we start at 8 and we are going down by 12 which takes us to -4.
4) $-3 + 4 = -7$ The above question is wrong, explain why and what the correct answer is.	1 is the correct answer. If we are at -3 on the number line and we move 4 up which is closer to zero we get to 1.
5) What does this symbol mean $\leq$	Less than or equal too

## Week 2

Question	Answer
1) What does this symbol mean $\geq$	Greater than or equal too
2) What is a zero pair?	A pair of numbers that have a sum of zero.
3) Can you give an example of a zero pair?	-3 and 3
4) $4 - -2 = 2$ The above question is wrong, explain why and what the correct answer is.	6, The two negatives negate one another to create an addition so the sum becomes $4 + 2$ .
5) $-5 - 3 = -8$ The above question is wrong, explain why and what the correct answer is.	-8 is the answer. If we start at -5 on the number line and go further away from zero by 3 the answer is -8.

## Week 3

Question	Answer
1) What happens when we multiply two negatives together?	The product is positive.
2) What happens when we multiply a positive and a negative together?	The product is negative.
3) What happens when we multiply a negative and a positive together?	The product is negative.
4) What does commutative mean?	The commutative law is that the numbers can be swapped around and the product will still be the same.
5) What is the inverse of multiplication?	Division.

## Week 4

Question	Answer
1) What is a numerator?	The number on the top of a fraction
2) What is a denominator?	The number on the bottom of a fraction.
3) What is an integer?	A whole number.
4) What is a Mixed Number?	A number that has an integer and a fraction.
5) How many 8ths are there in a whole one?	8

## Week 5

Question	Answer
1) Adding fractions requires a common denominator – True or False.	True denominators have to be the same in order to add fractions.
2) Subtracting fractions requires a common denominator – True or False.	True denominators have to be the same in order to subtract fractions.
3) How do we convert a mixed Number into an improper fraction?	Calculate how many fractions there are within the whole ones and add on the extra fraction.
4) How do we convert an improper fraction into a Mixed Number?	Calculate how many times the denominator can divide whole into the numerator and then whatever is left for the

## Week 6

Masters of recall quiz



# Topic Angles | Maths |

## Week 1

Question	Answer
1) What is a Polygon?	A two-dimensional shape with closed straight sides.
2) Can you give an example of a polygon?	Hexagon, Pentagon, Octagon etc.
3) What is a segment?	A section of a line.
4) What instrument would you use to measure a line in your Maths lesson?	A ruler
5) What units are on a ruler?	Cm and mm

## Week 2

Question	Answer
1) How many degrees are in a full turn?	360
2) How many degrees are in a half turn?	180
3) How do we define an acute angle?	An angle $x < x < 90$
4) How do we define an obtuse angle?	$90 < x < 180$
5) How do we define a reflex angle?	$x > 180$

## Week 3

Question	Answer
1) What is a Quadrilateral?	A four sided shape.
2) What is a Rhombus?	A quadrilateral. A parallelogram but with 4 equal sides.
3) What do angles on a straight line add to make?	180
4) What do we know about vertically opposite angles?	Vertically opposite angles are the same.
5) What are parallel lines?	Parallel lines are two lines that run alongside each other but never meet.

## Week 4

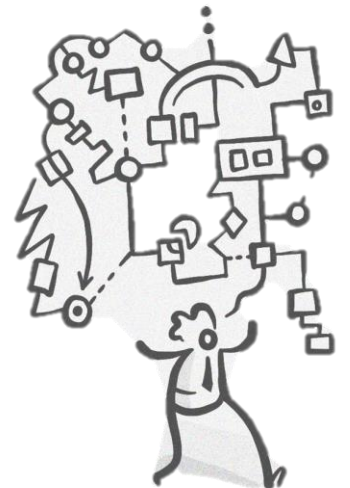
Question	Answer
1) What are perpendicular lines?	Angles that cross and meet at 90 degrees.
2) What do we know about corresponding angles?	Corresponding angles are in an F shape and are equal to each other.
3) What do we know about co-interior angles?	Co-interior angles are in a C shape and add to make 180.
4) What do we know about alternate angles?	Alternate angles are in a Z shape and are equal to each other.
5) What does associative mean?	The associativity law is that in an addition or multiplication we could move the brackets, and the answer is the same.

## Week 5

Question	Answer
1) What is a product?	The solution of multiplying two numbers together.
2) What is a quotient?	The solution if two numbers are divided by each other.
3) How do we define what an equation is?	A mathematical statement containing an equals sign.
4) How do we define an expression?	A mathematical statement involving at least two terms
5) What is an estimate?	Rounding numbers to approximate the solution.

## Week 6

Masters of recall  
quiz



# Topic Reproduction, Mixtures, Space | Science |

## Week 1

Question	Answer
What are gametes?	The male or female sex cell that can fuse together in sexual reproduction to make a new individual.
What is fertilisation?	When the gametes meet and the nuclei fuse to make a new cell.
What is asexual reproduction?	When an organism makes an exact copy of itself to make a new individual.
What is puberty?	The stage when your body changes from that of a child to that of a young adult capable of reproducing.
What are hormones?	Chemical substances that act as messenger molecules in the body.

## Week 2

Question	Answer
What is menstruation?	The first part of the female reproductive cycle when the uterus lining is shed.
What is ovulation?	Part of the female reproductive cycle when an egg cell is released from the ovary.
What is gestation?	The duration of pregnancy, where a foetus grows and develops until it is ready to be born.
Where is placenta found and what is its role?	An organ attached to the umbilical cord and the uterus that supplies oxygen and nutrients to the growing foetus.
What is germination?	When a seed grows into a plant.

## Week 3

Question	Answer
What is a pure substance?	Pure substance is one which contains just one type of atom or compound.
What are atoms?	The smallest part of an element that can exist.
Define an element?	A substance that is made of only one sort of atom is called an element.
Define a molecule?	A group of two or more atoms. Molecules of the same element or compound always contain the same number of atoms of each element.
.Define a compound?	A substance that contains two or more types of elements that are chemically combined.

## Week 4

Question	Answer
Define a mixture?	A mixture consists of two or more types of atoms/compounds that are not chemically joined, and can be separated using physical processes.
What is an unsaturated solution?	A solution where more solute will dissolve.
What is a saturated solution?	A solution where no more solute will dissolve.
What is melting?	Change of state from solid to liquid.
.What is dissolving?	Process where solute particles disperse throughout the solvent.

## Week 5

Question	Answer
What is the melting point of a substance?	The temperature at which a substance changes state from being a solid to being a liquid.
What is the boiling point of a substance?	The temperature at which a substance changes state from being a liquid to being a gas.
What type of contact force is gravity?	Attractive non-contact force between all objects with mass.
Define mass?	The mass of an object is the amount of matter it contains.
.Define weight?	Weight is the force of gravity acting on a mass.

## Week 6

Masters of recall  
quiz



# Topic Space, Interdependence and Electrical circuits: current and resistance | Science |

## Week 1

Question	Answer
What are the SI units for mass?	Kg / kilograms
What are the SI units for weight?	N / Newtons
What are the SI units for gravitational field strength?	N/kg    Newtons/ kilogram
Write the equation to calculate weight?	Weight = mass x gravitational field strength
Define a light year?	A lightyear is the distance that light travels in 1 year.

## Week 2

Question	Answer
What is a satellite?	A satellite is an object which orbits a planet.
Define a population?	A population is a group of the same organism, living in a particular habitat.
Define a community?	A community is made of two or more different populations living in the same area that depend on each other for survival.
Define an ecosystem?	An ecosystem is the interaction of a community of organisms with the non-living parts of their habitat.
.	

## Week 3

Question	Answer
What is an estimate?	An approximate value based on sampling.
What is a sample?	A smaller part of something that gives an idea of the whole.
Give an example of random sampling?	Estimating the total population in an area is an example of random sampling.
What does representative mean?	When something can be said to be characteristic of the thing as a whole.
What is a quadrat?	A square frame of known area used for sampling the abundance and distribution of slow or non-moving organisms.

## Week 4

Question	Answer
What piece of equipment is used to measure the current?	ammeter
What are the SI units of current?	Amps or amperes
What piece of equipment is used to measure the voltage?	voltmeter
What are the SI units for voltage?	volts
.What is the rule for current in a series circuit?	The current in a series circuit stays the same.

## Week 5

Question	Answer
What is the rule for current in a parallel circuit?	The current in a parallel circuit is shared between the branches.
How is the ammeter placed in a circuit?	The ammeter is placed in series in the circuit.
What is the rule for voltage in a series circuit?	The voltage from the battery is shared between the components in a series circuit.
What is the rule for voltage in a parallel circuit?	The voltage is the same across the components on the different branches.
.How is the voltmeter placed in a circuit?	The voltmeter is placed in parallel with the component .

## Week 6

Masters of recall quiz



# Topic Space, Interdependence and Electrical circuits: current and resistance | Science |

## Week 1

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## Week 6

Masters of recall quiz





Topic 3 African Masks | Art |

Week 1

Question	Answer
What is an African mask?	An African mask is a handmade object worn on the face or head.
What is the most common material used to make African masks?	Wood is the most common material, but masks can also be made from metal, fabric, or clay.
Who wears African masks?	African masks are usually worn by dancers, priests, or important members of the community during special events.

Week 2

Question	Answer
Why do people wear African masks?	People wear African masks for celebrations, religious ceremonies, and storytelling.
What does “shape” mean?	Shape is an element of art that is a two-dimensional area that is defined in some way.
What does “form” mean?	Form is as three-dimensional shape. Like shape, form can be geometric or organic.

Week 3

Question	Answer
What shapes can African masks be?	African masks can be round, oval, square, or even animal-shaped.
Do African masks always look like human faces?	No, some masks look like animals, spirits, or imaginary creatures.
What does “pattern” mean?	A repeated decorative design based on shapes

Week 4

Question	Answer
What different types of patterns are there?	Natural, geometric, irregular, cultural, and rhythmical
What do African masks represent?	They represent spirits, ancestors, animals, or mythical beings.
What does “tone” mean?	Tone refers to the relative lightness or darkness of a colour

Week 5

Question	Answer
How is colour used in African masks?	Different colours have meanings, such as red for power and white for peace.
Are all African masks the same?	No, different cultures have their own styles, shapes, and meanings.
How are African masks decorated?	They are decorated with paint, carvings, beads, shells, and metal.

Week 6

Masters of recall  
quiz



Topic 3 African Masks | Art |

Week 1

Question	Answer
What animals are often African masks?	Animals like birds, antelopes, lions, and elephants are common because they have special meanings.
What kind of lines are used in African masks?	Wavy, straight, curved, and zigzag lines are often used to create patterns.
How is texture used in African masks?	Masks can be smooth, rough, carved, or have raised patterns to add texture.

Week 2

Question	Answer
How is symmetry used in African masks?	Many African masks are symmetrical, meaning both sides look the same.
What type of patterns can you find on African masks?	Repeated lines, dots, and geometric shapes are often used to decorate masks.
What does three-dimensional mean?	Three-dimensional art is described as any form of art that occupies three-dimensional space.

Week 3

Question	Answer
What shapes can you see in African masks?	Circles, triangles, ovals, and squares are often used in the designs.
Why are animal features used in some African masks?	Animals are believed to have special powers or qualities, like strength, wisdom, or speed.
What tools are used to make African masks?	Artists use knives, chisels, and paintbrushes to carve and decorate the masks.

Week 4

Question	Answer
How can you make your mask look 3D?	Build up layers of cardboard, cut out a range of shapes to add more layers and apply string pieces.
How can you apply patterns successfully to your mask ?	Apply lines which are parallel to each other and dots which are evenly spaced.
Which colours are used in African masks?	Red, gold, green, blue, white and black.

Week 5

Question	Answer
What does "corrugated" mean?	A surface that is shaped into parallel ridges and grooves.
How have African masks influenced modern art?	Many famous artists, like Pablo Picasso were inspired by African masks when creating their own artwork.
Why are African masks important to African culture?	They connect people to their ancestors, tell stories, and celebrate important events.

Week 6

Masters of recall  
quiz



# Topic Programming in Scratch | Computing |


## Week 1

Question	Answer
What is meant by Computational thinking?	Computational thinking allows us to take a complex problem, understand what the problem is and develop possible solutions
What are the 4 corner stones of Computational thinking?	A sequence of steps that solve a problem
What is decomposition ?	Breaking down a complex problem or system into smaller, more manageable parts
What is iteration	When instructions are repeated


## Week 2

Question	Answer
What is abstraction	Selecting the important information and ignoring the rest
What is an algorithm?	developing a step-by-step solution to the problem, or the rules to follow to solve the problem
What is selection?	An action taken dependent on the answer to a question
What is pattern recognition	looking for similarities among and within problems

## Week 3

Question	Answer
What is sequencing?	Putting the instructions in order
Why is sequencing important in Programming	As if the instructions are in the wrong order the code won't do what you want it to do.
What does this symbol do? 	It is the add extension icon that allows you to access the pen.
When drawing shapes why must you include the erase all block?	It removes any drawings made by the pen that aren't part of your code

## Week 4

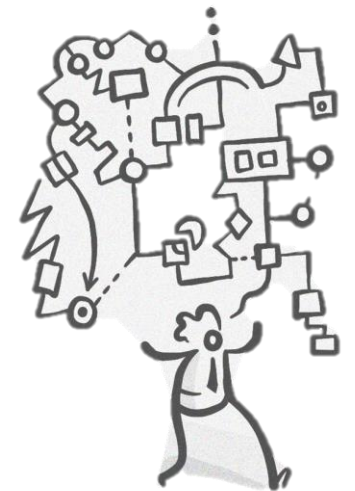
Question	Answer
What coordinate should you set the x axis too when starting to draw?	-159
What coordinate should you set the y axis too when starting to draw?	89
How many degrees should you programme to make a hexagon	120
How many degrees should you programme to make a hexagon	135
What block helps involves the use of iteration?	Repeat 

## Week 5

Question	Answer
What is a variable	A <i>variable</i> is a container that the computer uses to store and remember the answer/data/value inputted so that it can be used later. This data can change!
What colour is the variable block	Dark Orange
When you ask a question in scratch what is this known as?	An Input
The answer you get after asking a question in scratch is called?	An output
Where can the output be stored to be used again in the code?	The variable

## Week 6

Masters of recall quiz



# Topic Programming in Scratch and digital literacy Passport | Computing |




## Week 1

Question	Answer
When are if and if else commands used in Scratch?	When there are different possible outcomes or alternatives
What are the if and else commands an example of?	Selection
Where are the if and else blocks found in scratch?	Under Control

## Week 2

Question	Answer
What is Boolean?	A result that can only have one of 2 values: True or False
What are the Boolean logic operators?	AND, OR, NOT
What happens if an AND operator is used?	Both conditions must be met for a true outcome to be returned.
What happens if an OR operator is used?	Only one of the conditions must be met for a true outcome to be returned
What happens if an NOT operator is used?	For a true output the condition must be anything but the value being asked for.



## Week 3

Question	Answer
Where can your work folder be found?	On the blue desktop
Where are all the files saved that you need to use in a lesson	Pupil resources > ICT
What does this icon allow you to do? 	Create a new folder
Where can you locate the new folder icon?	Next to the red tick at the top of your folder    ICT  Home Shar
What are the steps when saving a document	File>Save As> Browse

## Week 4

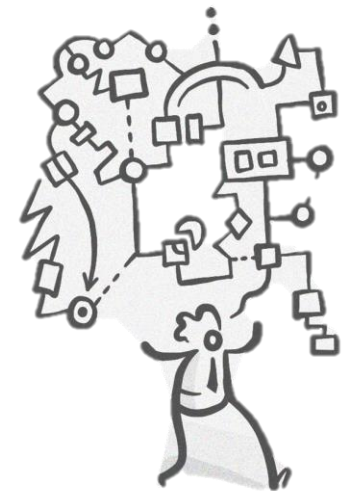
Question	Answer
How do you access your school email from home?	From the school website homepage, click on QUICK LINKS
What is my school email?	29firstname.lastname@lhs.spt.ac.uk
What is the password for my school email from home?	The same password used to log into the computer in school
What is Netiquette?	The term for how you should behave when sending emails and using the internet.

## Week 5

Question	Answer
How do you save a picture?	Right click the mouse> Save image As
What does this icon do? 	Change the line spacing
What does this icon do? 	Puts bullet points
What command allows you to move your image around the page	Wrap Text

## Week 6

Masters of recall quiz



# Topic 5 MSND | Drama |

## Week 1

Question	Answer
What does the word plot mean?	Story / narrative
What is a character?	Another role or person
What is a playwright?	Person who writes the plays
Which month of the year is Midsummer?	June

## Week 2

Question	Answer
Who wrote the play Midsummer Night's Dream?	William Shakespeare
What is the name of the 4 groups?	Athenians Lovers Mechanics Fairies
Is the play a comedy or a tragedy?	Comedy
Where is the play set?	Athens

## Week 3

Question	Answer
What is the name of the 2 fairies?	Oberon and Titania
What is the name of the 2 lover girl who argue?	Hermia and Helena?
What is the name of the fairy with the magical juice?	Puck
Who wrote the play?	William Shakespeare

## Week 4

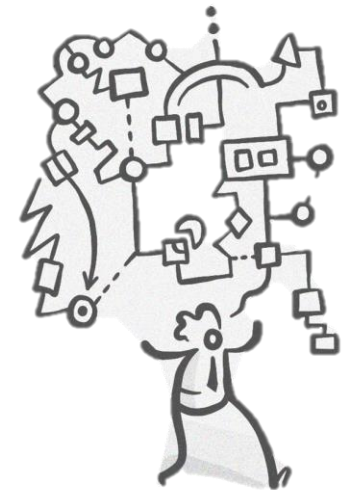
Question	Answer
What were the fairies arguing over?	A Little Changeling Boy
Who are Titania and Oberon?	King and Queen of the Fairies
What are the names of the 2 lovers who are male?	Lysander and Demetrius

## Week 5

Question	Answer
What are the names of the actors rehearsing their play?	Mechanicals
Which character wants to play all of the roles?	Bottom
What does rehearsing mean?	Practicing the script
What can you not use on stage for a final performance?	The script

## Week 6

Masters of recall  
quiz



# Topic 6 Playmaking | Drama |

## Week 1

Question	Answer
Where are plays performed?	Theatre
Which word linking to money is required when putting on a play?	Budget
What is the name of the event which happens to select the roles?	Audition
What is the name of the role who tells the actors what to do?	Director

## Week 2

Question	Answer
What does staging mean?	Where the audience are seated
What is the name of the stage in the drama studio	Proscenium arch
What is the name of the stage if the audience sit in a circle?	Theatre in the round
Name of the stage where audience are on 3 sides.	Thrust

## Week 3

Question	Answer
What does red lighting symbolise?	Danger / horror
What are the names of the 8 mental lights in DST?	Parcans
What is the name for flashing lights?	Strobe lighting
What do you use flashing lights for?	Disorder / danger

## Week 4

Question	Answer
What are the names of objects on stage?	Props
What is the name of the items on stage e.g. chairs, tables?	Furniture
What is the name of the picture behind the characters to show the scene?	Backdrop

## Week 5

Question	Answer
What is a costume?	What the actors wear
What is the name of the products worn on face to show a character?	Make-up
What is the name of the person who chooses what the actors wear?	Costume designer
What can you not use on stage for a final performance?	The script

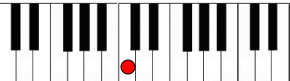


## Week 6

Masters of recall  
quiz



Topic 5 Get it Together [Ensemble music performance] | Music |

Week 1

Question	Answer
Identify this keyboard note: 	C
Identify this keyboard note: 	E
Identify this keyboard note: 	A
If I press three notes down at once on a keyboard, what is this called?	Chord
Which items do I need to set up a keyboard?	Keyboard, plug, splitter, earphones and possibly a music stand.


Week 2

Question	Answer
What kind of <b>TEMPO</b> do 90s club dance songs have?	Fast tempo
Synths are used a lot in 90s club dance music. What is a synth?	Keyboard.
Most music has <b>layers</b> . What are the <b>FOUR</b> layers for our dance music piece?	Drums, bass, keyboard (synth) and guitar.
Dance music has lots of ostinatos. What is an ostinato?	A repeated musical pattern (loop).

Week 3

Question	Answer
What is the formula for working out chords?	PLAY a note MISS a note PLAY a note
What note would a G chord start on?	G
What is a musical ensemble?	A musical group (e.g. a band)
Why does 90s club dance music have a fast tempo?	So people can dance to it.
Which layer of dance music is missing from this list? <ul style="list-style-type: none"><li>Guitar – <b>melody</b></li><li>Keyboard/synth – <b>chords</b></li><li>Bass/synth – <b>Bass</b></li><li><b>????????</b></li></ul>	Drums/percussion

Week 4

Question	Answer
What is a melody?	The main tune
What is a musical term for a repeated musical pattern	Ostinato/riff/loop
Identify this chord: 	F chord
What is the word we have learnt that means <b>group</b> (e.g. a group of musicians)?	Ensemble

Week 5

Question	Answer
What is the proper musical term for <b>the main tune</b> ?	Melody
If a piece of dance music has layers, and one layer stops for a while and then starts again, which musical element is changing? [Choose one] <ul style="list-style-type: none"><li>TEMPO</li><li>PITCH</li><li>TIMBRE</li><li>TEXTURE</li></ul>	Texture
The glockenspiel is made of what material?	Metal
In our music, there is a short REST at the start of the guitar/melody part. Why does this make it harder to play?	You are not starting on beat 1.

Week 6

Masters of recall quiz



# Topic 6 Listening to Legends | Music |

## Week 1

### General Recap Week

Question	Answer
What is the proper musical term for SPEED of music?	TEMPO
What is the proper musical term for VOLUME of music?	PITCH
What is the proper musical term for LAYERS of music?	TEXTURE
Where is C on a keyboard?	To the left of two black keys

## Week 2

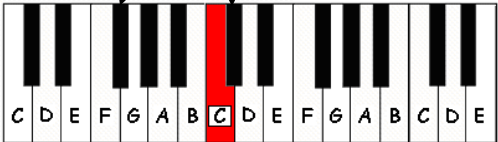
### The Beatles

Question	Answer
How many members of The Beatles were there?	Four
When did they make music? (19?? – 19??)	1962-1970
Why did they stop playing live concerts?	Too much noise/not enough listening. Songs were hard to reproduce live.
The Beatles are a very <b>influential</b> band. What does <b>influential</b> mean?	They inspired other artists and many musicians copied them.

## Week 3

### Adele

Question	Answer
What was the name of the important <b>music award</b> that Adele won for her album <b>19</b> ?	The Mercury Music Prize.
What was the name of her record-breaking second album?	21
Identify the two black notes below:	1 = <b>F#</b> (F sharp) 2 = <b>C#</b> (C sharp)



## Week 4

### Queen

Question	Answer
Why was Bohemian Rhapsody almost not released?	Too long/too weird.
In which decade did Queen start making music?	1970s
What was the name of their lead singer who died in 1991	Freddie Mercury
Queen used lots of layers of voices. What is the name for this?	Harmony

## Week 5

### Michael Jackson

Question	Answer
What was the name of the band Michael Jackson was in with his brothers?	The Jackson Five (later, just The Jacksons).
Who was the legendary music producer that worked with Michael Jackson to help create his signature sound?	Quincy Jones
What was the name of his 1982 album that is still the world's best-selling album of all time?	Thriller
Like many songs, Billie Jean has a bass part that repeats over and over. What is the musical name for this kind of repeated musical pattern?	Ostinato/riff/loop

## Week 6

Masters of recall  
quiz





# World Cities | Geography |

## Week 1

Question	Answer
What is urbanisation?	The increase in the proportion of people living in urban areas.
What is urban growth?	The rate at which the population of an urban area increases.
What is horizontal spread?	At or near the city edge, the city can add land area through extensive growth.
What is infill development?	Inside the city edge, the city can add built cover by filling in green or "brown" land with structures— or (less frequently) it can replace old structures with new ones.
What is vertical layering?	The city can increase its floor-area ratio—available floor space per unit of land area—by building taller structures, thus fitting more total floor space onto the same amount of land.

## Week 2

Question	Answer
What is an expansive population pyramid?	Expansive population pyramids are used to describe populations that are young and growing. They are often characterized by their typical 'pyramid' shape, which has a broad base and narrow top.
What is a constrictive population pyramid?	Constrictive population pyramids are used to describe populations that are elderly and shrinking.
What is a stationary population pyramid?	Stationary population pyramids are used to describe populations that are not growing. They are characterized by their rectangular shape, displaying somewhat equal percentages across age cohorts that taper off toward the top.
What is demography?	Demography is the statistical study of human populations. Demography examines the size, structure, and movements of populations over space and time.

## Week 3

Question	Answer
What is sustainability?	Sustainability is meeting the needs of the present without compromising the ability of future generations to meet their own needs.
What is sanitation?	Sanitation is conditions relating to public health, especially the provision of clean drinking water and adequate sewage disposal.
Who are the under-served?	An urban dweller living in inadequate housing or an under served area of the city, with limited access to water, sanitation, transport and energy.
Who are the better-served?	An urban dweller living in good quality housing or a better served area of the city, with reliable, affordable and safe access to water, sanitation, transport and energy.

## Week 4

Question	Answer
What is PM2.5?	Particulate matter consisting of fine aerosol particles measuring 2.5 microns or smaller in diameter
What is urbanisation?	The increase in the proportion of people living in urban areas.
What is urban growth?	The rate at which the population of an urban area increases.
What is demography?	Demography is the statistical study of human populations. Demography examines the size, structure, and movements of populations over space and time.

## Week 5

Question	Answer
What is sustainability?	Sustainability is meeting the needs of the present without compromising the ability of future generations to meet their own needs.
What is infrastructure?	The basic facilities and system serving a country, region, or community such as roads, railways, telecommunications.
What is biophilic design?	An approach to architecture that seeks to connect building occupants more closely to nature.
What is biodiversity?	The biological variety and variability of life on earth.


## Week 6

Masters of recall  
quiz



Middle East | Geography |

Week 1		Week 2		Week 3	
Question	Answer	Question	Answer	Question	Answer
The Middle East is at the crossroads of which continents?	Europe, Asia and Africa	What does MENA stand for?	Middle East and North Africa.	What does "resource-rich" mean?	Abundant natural resources, like oil, gas, minerals, or water.
What does "relief" mean in geography?	The land's shape and elevation, including mountains, valleys, and plains.	Which Middle Eastern countries have the lowest population density?	Saudi Arabia and Oman.	What does sustainability mean?	Meeting current needs without harming future generations.
What are the three main climates of the Middle East?	Desert, mountainous and Mediterranean	What is an economic migrant?	Moves for work and better living conditions.	Which 5 Middle Eastern countries produce the most oil?	Saudi Arabia, Iraq, Iran, UAE, Kuwait.
On a climate graph, what does the line graph show?	Temperature	What is a displaced migrant?	Forced to leave due to conflict.	What are the social benefits of oil in the Middle East?	Job creation, infrastructure development, improved living standards.
On a climate graph, what does the bar chart represent?	Precipitation (Rainfall)	Why was the Qatar World Cup important for the Middle East?	The first world cup in the Middle East.	What changes are Middle Eastern countries making to their energy mix?	Shifting to renewable energy, reducing dependence on oil.

Week 4		Week 5		Week 6	
Question	Answer	Question	Answer	<div>Masters of recall quiz</div> 	
What is an emirate?	A region in a Muslim state ruled by an emir, like a king.	What is the meaning of irrigation?	Artificial application of water to soil or crops.		
How many emirates are there in the UAE?	Seven	What is Turkey constructing that is creating conflict with countries downstream?	Dams and hydroelectric power plants (Southeastern Anatolia Project).		
What are Dubai's main tourist attractions?	Burj Khalifa, Dubai Mall, Palm Jumeirah, Dubai Marina, Desert Safari.	What does "limitations" mean?	Restrictions or constraints that limit actions or possibilities.		
Which countries are served by the waters of the Euphrates and Tigris rivers?	Turkey, Syria, Iraq, and partially Iran.	What does "opportunities" mean?	Chances or possibilities for growth, success, or improvement.		

# Topic How did the Tudors stay powerful? | History |

## Week 1

Question	Answer
What is the Magna Carta?	The 'Great Charter'. A document that sets out rules for Kings to follow.
Why were King John's Barons angry?	King John made them pay taxes and fines.
Which land did King John lose to France?	Normandy.
What is a source?	A piece of evidence that gives us clues about events in the past.
What is an interpretation?	An opinion or version of past events, based on evidence.

## Week 2

Question	Answer
What did the Pope do when King John argued with him?	The closed all the churches for 7 years.
What is Catholicism?	A type of Christianity, ruled by the Pope.
What is Protestantism?	Protestants were Christians who did not agree with the teachings of the Catholic Church and PROTESTED against it.
What is a Pope?	The leader of the Catholic church.
What is the Reformation?	The period of time when many people left the Catholic Church and became Protestant.

## Week 3

Question	Answer
Henry had three problems, what were they?	He had no money, power or a son.
Why didn't the Pope agree to a divorce for Henry?	He liked Catherine of Aragon, she was a religious good woman.
What did Henry do with all of the Catholic monasteries?	He closed them down and stole their valuables.
Who were Henry VIII's children?	Mary, Elizabeth, Edward.
How many of Henry's wives were executed (killed)?	Two.

## Week 4

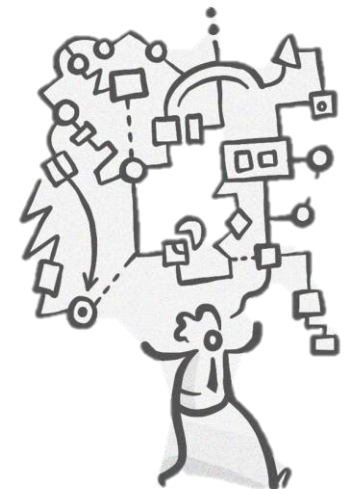
Question	Answer
Which of Henry's wives outlived him?	Catherine Parr.
What is a Monarchy?	A country with either a King or Queen in charge.
What is a portrait?	A picture of someone's face.
What do we mean when we ask how 'reliable' is a source?	It means how accurate is it.
What is symbolism?	The use of images to express an emotion or an idea.

## Week 5

Question	Answer
Edward was Henry's youngest child? Why was he king when his Dad died and not Henry's eldest child?	Because Henry's eldest child Mary was a girl.
What is a portrait?	A picture of someone's face.
Why are portraits important to historians?	Portraits can tell us what someone from the past looked like and what image they wanted to create.
What is a parliament?	An assembly or group of people who make the laws.
Why did Elizabeth I call parliament?	To help sort out her problems.

## Week 6

Masters of recall  
quiz



# Topic Why did England kill their king? | History |

## Week 1

Question	Answer
What is Sovereign?	The highest power in a country.
What is a monarch?	A king or a queen.
What do we mean by economic?	Relating to trade, industry, or money
What two houses make up the Houses of Parliament?	The House of Commons and the House of Lords.
What is a merchant?	A person whose job is to buy and sell.

## Week 2

Question	Answer
What is a Civil War?	A war between two sides in the same country.
Which English King fought against parliament in the Civil War?	King Charles I
What do we mean by chronological order?	In order of time. From oldest to newest.
What is the 'Divine Right of Kings'?	Kings and queens are chosen by God.
What did King Charles I use call parliament for?	To help him raise money as he had spent it all!

## Week 3

Question	Answer
Who led parliament in the English Civil War?	Oliver Cromwell.
What was the nickname given to Parliaments soldiers?	Roundheads.
What is the name given to the Kings soldiers in the English Civil War?	Cavaliers.
What is a Puritan?	A very strict Protestant.
What year did the English Civil War begin?	1642.

## Week 4

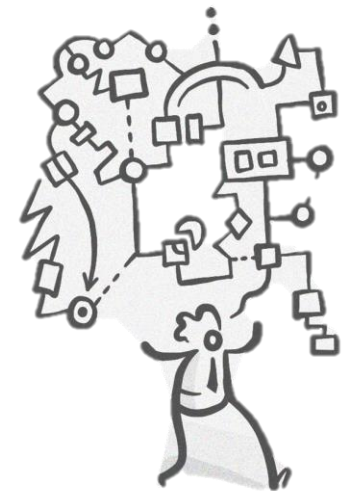
Question	Answer
What 4 battles took place in the English Civil War?	Edge Hill, Newbury, Marston Moor & Naseby
What weapon was used by a Musketeer?	A gun called a Musket.
What was the New Model Army?	The better trained cavalry led by Oliver Cromwell.
What is treason?	The crime of betraying your own country by attempting to kill or overthrow the rulers.
How was King Charles I executed (killed)?	Had his head chopped off.

## Week 5

Question	Answer
What title did Cromwell give himself as ruler of England?	The Lord Protector.
Why did Cromwell ban singing, dancing and music?	Because people should spend their free time praying to God.
What was the Restoration?	The return of a monarch to the throne in 1660.
How did King Charles II help save London from the Great Fire?	He created fire brakes, which meant the fire couldn't spread.
Why did Charles II set up the Royal Society?	Charles II loved Science and technology.

## Week 6

Masters of recall  
quiz



# Topic Pillar 3 Healthy Participation | PE |

## Week 1

Question	Answer
What is meant by a healthy lifestyle	A <b>lifestyle</b> which includes activities and habits that <b>encourage the development of total physical, mental, and spiritual fitness</b>
What does being physically active mean	Physical activity is <b>any body movement that works your muscles and requires more energy than resting</b>
Explain the term health benefits	A positive effect on a person's health gained from food, treatment, or an activity

## Week 2

Question	Answer
How much exercise should we perform a day ?	Do <b>at least 150 minutes of moderate intensity activity a week</b> or 75 minutes of vigorous intensity- 20 mins a day minimum
How much sleep should we have each day ?	9-12 hours- school age children
Why is sleep important ?	<b>Sleep is a crucial biological function</b> and plays a significant role in restoring and recovering the body systems,

## Week 3

Question	Answer
How much water should you have each day ?	<b>6 to 8 cups or glasses of fluid a day.</b> Water, lower-fat milk and sugar-free drinks.
What does hydrated mean?	To absorb water.
How can we check if we are hydrated ?	<b>You rarely feel thirsty; Your urine is colorless or light yellow</b>

## Week 4

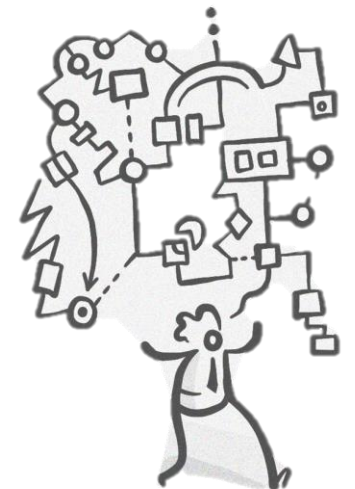
Question	Answer
What are the five main food groups	<b>fruit and vegetables, starchy food, dairy, protein and fat.</b>
What does a balanced diet consist of	A balanced diet fulfills all of a person's nutritional needs. It comprises foods from five groups — <b>fruits, vegetables, protein, grains, and dairy</b>
What is the recommended daily intake of sugar?	Adults and children aged over 11 should eat <b>no more than around 30g of free sugars a day.</b> A standard chocolate bar equals 25g of free sugar

## Week 5

Question	Answer
What provides the most sugar intake for young people ?	Ready to eat cereals and sweetened drinks
What are the two different types of fat	<b>saturated fats; unsaturated fats</b>
Out line the differences between the two types of fat	Unsaturated fats are the healthy fats. <b>Saturated and trans fats</b> are generally not as good for you.

## Week 6

Masters of recall quiz



# Topic Pillar 3 Healthy Participation | PE |

## Week 1

Question	Answer
What are the five short term effects of exercise ?	1. <b>Increased blood flow to working muscles</b> · 2. Increase in temperature · 3. Increase in pliability · 4. Increased nerve to muscle connection.
Why does a person's breathing rate change during exercise ?	The <b>breathing rate</b> and volume of each breath increases to bring more oxygen into the body and remove the carbon dioxide produced ·
Why does our body temperature increase with exercise ?	<b>Body temperature increases during exercise</b> because heat is created as your muscles create energy,

## Week 2

Question	Answer
What is lactic acid ?	Lactic acid is a <b>chemical your body produces when your cells break down carbohydrates for energy</b>
Why does our heart rate increase during exercise ?	<b>An elevated heart rate during exercise improves blood circulation</b> , which helps to deliver oxygen and nutrients to tissues more effectively
What are calories ?	The energy released from the breakdown of food is measured using a unit commonly called a <b>calorie</b>

## Week 3

Question	Answer
What is the recommended daily intake of calories for male and female?	On average, women need about <b>1,600 to 2,400 calories each day</b> , and men need 2,000 to 3,000 calories a day -- based on age and activity level.
How does calorie intake affect our weight?	<b>You gain weight when you eat more calories than you burn</b> — or burn fewer calories than you eat.
How does a person's lifestyle affect how many calories they should have?	Excess and not enough caloric intake are <b>detrimental</b> to one's health. Eating too much and moving too little cause obesity.

## Week 4

Question	Answer
List 4 ways to keep an athlete healthy.	<ul style="list-style-type: none"><li>• Eat a healthy diet.</li><li>• Drink plenty of water.</li><li>• Follow a warmup routine.</li><li>• Get adequate rest.</li></ul>
How can you encourage a friend to participate in a physical activity?	invite them to join you in a fun activity such as playing a sport, going for a walk, or participating in a community event. Make it social by suggesting to go together or trying something new that they might enjoy.
Why would athletes need to have more calories in their diet	Athletes need the appropriate amount of calories, vitamins, and other nutrients to <b>provide them enough energy to compete.</b>

## Week 5

Question	Answer
Why is it important to have a balanced diet when participating in sports?	A balanced diet provides the necessary nutrients and energy needed to perform well in sports. It helps with recovery, builds strength, and supports overall health, which is especially important for young athletes
Name three benefits of participating in team sports	Teamwork- You learn to work with others towards a common goal. Friendship- You make new friends and strengthen social connections. Discipline-You develop a sense of responsibility and commitment through regular practice and competition.
Why is it important to use appropriate equipment and clothing for sport and exercise?	<b>Using the proper sports gear helps reduce the chance of injury</b> during sports activities.

## Week 6

Masters of recall  
quiz





# Topic 5 Should we sell religious buildings to feed the starving? (Sikhism) | RE |

## Week 1

Question	Answer
Who is the founder of Sikhism?	Guru Nanak.
What is the name of the Sikh Holy Book?	Guru Granth Sahib.
List the core values of Sikhism.	Equality/ fairness/ safety for all. Destroy all evil in the world.



## Week 2

Question	Answer
Define the Khalsa.	The pure ones (Sikhs).
Name the Guru that created the Khalsa.	Guru Gobind Singh (the 10th and final Guru).
What is the aim of the Khalsa?	To defend themselves, their religion and others who can't defend themselves.



## Week 3

Question	Answer
Define the 5K's.	Symbols Sikhs wear to show devotion and submission to the Guru.
How were the 5K's introduced?	From the story of the Panj Pyer – the first Sikhs to be initiated into the Khalsa by Guru Gobind Singh.
Is a turban a part of the 5K's?	No. It is a symbol of the Sikh faith, but not part of the 5Ks.



## Week 4

Question	Answer
Define the term 'Langar'.	A kitchen where all the food is free, and it is offered to anyone who visits the gurdwara, regardless of their faith.
Define the term 'Community Cohesion'.	Communities working together.
Why does the langar only serve vegetarian food?	To make it inclusive of all faiths. Different faiths have different food laws.



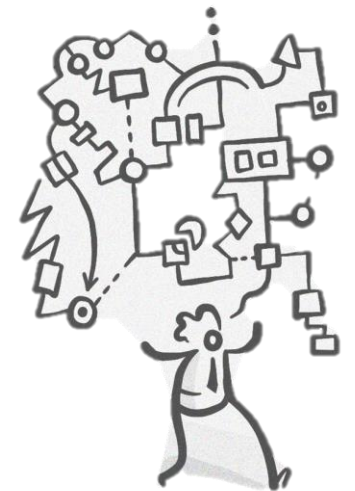
## Week 5

Question	Answer
What is the Golden Temple?	The holiest place of worship for Sikhs. In India.
Give one way the Golden Temple helps Sikh community cohesion.	Welcomes anyone/ educates people/ safe space/ feeds 100,000 people per day for free.
Give one way Sikhs help community cohesion in the community.	Raise charity funds/ give time/ teach others



## Week 6

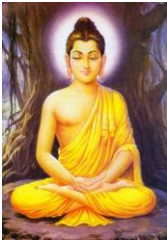
Masters of recall  
quiz



# Topic 6: Does religion make people good? (Buddhism) | RE |

## Week 1

Question	Answer
Who is Siddhartha Gautama?	The Buddha.
Where did Buddhism originate from?	Modern day Nepal.
How old is Buddhism?	2500 years old.



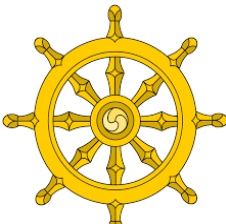
## Week 2

Question	Answer
What do Buddhists believe desire and craving cause?	Suffering.
What is the Buddha often compared to?	A Doctor.
What can Buddhists work through to end their suffering?	The Four Noble Truths.



## Week 3

Question	Answer
Define the term 'Enlightenment'.	Knowing and understanding the truth about life.
Name the path Buddhists must try to use to reach enlightenment.	The Eightfold Path.
Name the three categories of the Eightfold Path.	Right Ethics/ Meditation/ Wisdom.



## Week 4

Question	Answer
What was a prayer flag originally used for?	Protection (e.g. in war).
Which way should a prayer flag be held up: vertically or horizontally?	Both.
Does the wind help to carry the prayer to God?	No. It helps to spread the mantra through the universe.



## Week 5

Question	Answer
Why is art important to Shinnyo-en Buddhists?	To help communicate truths and peace.
What represents our inner light on a lantern?	The flame (candle).
Do you have to be a Buddhist to join in the lantern ceremony?	No.



## Week 6

Masters of recall  
quiz





# Topic: Town | Spanish |

## Week 1

Question	Answer
Translate: 'Vivo en'	I live in
Translate 'Vivimos en'	We live in
Translate 'Viven en'	They live in
Translate 'Vive'	He/she lives
Translate 'Vivir'	To live

## Week 2

Question	Answer
Translate 'vivo en una casa'	I live in a house
Translate 'vivo en un piso'	I live in a flat
Translate 'vivo en un apartamento'	I live in an apartment
Translate 'vivo en una granja'	I live on a farm
Translate 'vivo en un bungalow'	I live in a bungalow

## Week 3

Question	Answer
Translate 'grande'	Big
Translate 'pequeño'	Small
Translate 'moderno'	Modern
Translate 'antiguo'	Old
Translate 'bonito'	Beautiful

## Week 4

Question	Answer
Translate 'La cocina'	The kitchen
Translate 'El salón'	The living room
Translate 'Una habitación/ Un dormitorio'	A bedroom
Translate 'Un cuarto de baño'	A bathroom
Translate 'Un jardín'	A garden

## Week 5

Question	Answer
Translate '¿Dónde está?'	Where is it?
Translate 'Está en el norte'	It is in the North
Translate 'Está en el este'	It is in the East
Translate 'Está en el sur'	It is in the South
Translate 'Está en el oeste'	It is in the West

## Week 6

Masters of recall  
quiz



# Topic: School | Spanish |

## Week 1

Question	Answer
Translate 'Estudiar'	To study
Translate 'Estudio'	I study
Translate 'Estudia'	He/she studies
Translate 'Estudiamos'	We study
Translate 'Estudian'	The study

## Week 2

Question	Answer
Translate 'Las matemáticas'	Maths
Translate 'El inglés'	English
Translate 'Las ciencias'	Science
Translate 'El español'	Spanish
Translate 'La geografía'	Geography

## Week 3

Question	Answer
Translate 'Mi instituto tiene muchas aulas'	My school has lots of classrooms
Translate 'Mi instituto tiene un biblioteca'	My school has a library
Translate 'Mi instituto no tiene una piscina'	My school doesn't have a swimming pool
Translate 'En mi instituto hay una cantina'	In my school there is a canteen
Translate 'En mi instituto no hay gimnasio'	In my school there isn't a gym

## Week 4

Question	Answer
Translate 'Me gusta'	I like
Translate 'No me gusta'	I don't like
Translate 'Me gusta mucho'	I really like
Translate 'Me encanta'	I love
Translate 'Odio'	I hate

## Week 5

Question	Answer
Translate 'Mi profesor de matemáticas'	My maths teacher
Translate 'Mi profesora de inglés'	My English teacher
Translate 'Mi profesora de ciencias'	My science teacher
Translate 'Mi profesor de historia'	My history teacher
Translate 'Mi profesora de informática'	My ICT teacher

## Week 6

Masters of recall  
quiz



# Introduction to Food Technology | Technology |

## Week 1

Question	Answer
Name 3 health and safety rules that you must follow in the kitchen.	Wear an apron Tie your hair back Wear sensible shoes Wash your hands regularly Clean up any spills Keep pan handles in Use oven gloves to take things out of the oven
What are the 2 knife cuts we use in school?	Bridge and Claw
Describe the difference between the oven and the hob.	The oven is the large door where you primarily bake foods. The hob is the top part of the cooker with 4 rings on it. Pans usually sit here.

## Week 2

Question	Answer
What is the cooking method which involves heating a liquid to above 100C	Boiling
What cooking method includes dry heat from the top of the product?	Grilling
What cooking method involves putting food in a small amount of hot oil?	Shallow frying/ Stir frying
What cooking method involves submerging food in a large amount of hot oil?	Deep fat frying
Which cooking method involves lots of dry heat from all directions?	Baking

## Week 3

Question	Answer
What is the Eatwell guide?	A visual representation of a healthy diet.
What are the 2 largest portions of the guide?	Starchy Carbohydrates, fruit and vegetables.
What is in the pink section of the guide?	Protein
What is in the blue section of the guide?	Dairy and alternatives
.	

## Week 4

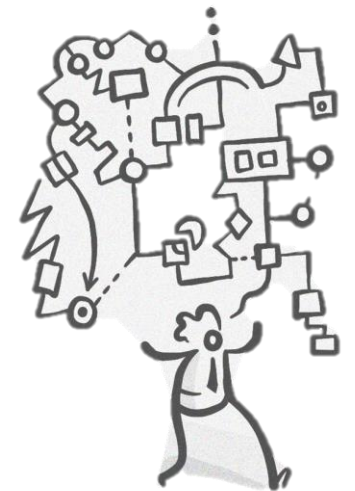
Question	Answer
How many portions of fish should we eat per week according to the governments healthy eating guidelines?	2 portions a week
How are these portions of fish separated/ grouped?	1 oily and 1 white
What should you base your meals on?	Starchy carbohydrates
What should we eat plenty of?	Fruits and vegetables
What should we be mindful of?	Portion sizes – use the Eatwell guide to help you.

## Week 5

Question	Answer
What does the knife cut Baton look like?	Large rectangular cuts, like chips.
What does the knife cut Julienne look like?	This slices, similar shape to the Baton but only 1-2 mm in width.
What does the knife cut Jardinière look like?	A cut that sits in between the Baton and the Julienne. French fries are a good example.
What does the knife cut Brunoise look like?	Small dices of a couple of mm in size.
What does the knife cut Chiffonade look like?	Thin strips cut across. sliced lettuce or cabbage for example.

## Week 6

Masters of recall  
quiz



# Health, Safety and Hygiene | Technology |

## Week 1

Question	Answer
What are the 3 types of cooking methods	Dry, fat based and water based.
What are the three types of heat transfer?	Conduction, Convection, Radiation.
Name 4 types of frying.	Stir-fry Shallow fry Deep fat fry Dry fry
Name 2 benefits of frying.	It is quick and gives a crispy outer texture whilst keeping a moist inner.

## Week 2

Question	Answer
What is the temperature that water boils?	100C
What happens to the water content of a reduced sauce?	It decreases as water is evaporated.
Why do we reduce a sauce?	We reduce a sauce to concentrate the flavour in the liquid
Give 2 characteristics of a reduced sauce.	It will be thicker and stronger on flavour once reduced.

## Week 3

Question	Answer
Explain what the sizzle test is.	Placing a small amount of food into the oil to test for a sizzle.
Why is it important to conduct the sizzle test?	The sizzle test shows when the oil is at the correct temperature and stops the oil from getting dangerously hot.
What is Al dente?	To the tooth
Name 2 foods where we can check for Al dente.	Pasta, Vegetables

## Week 4

Question	Answer
What are the 5 conditions for bacteria to grow?	Warmth, food, time, pH, moisture
What are 3 micro-organisms	Mould, Bacteria & Yeast
What is a pathogen?	A bacteria that causes food poisoning.

## Week 5

Question	Answer
What are High Risk Foods?	High Risk Foods are ready to eat foods that , if not stored correctly, could grow harmful bacteria. They are high in moisture and protein.
When is chicken classes as a HRF?	A raw food like chicken is not classed as a HRF as it needs to be cooked in order to eat it. When a chicken has been cooked, it can then be classed as High Risk as it is then a ready to eat food.
Name 1 pathogenic bacteria	E-coli Campylobacter Clostridium perfringens Salmonella Listeria Staphylococcus Aureus

## Week 6

Masters of recall  
quiz

