



Longdendale
HIGH SCHOOL

ENRICHMENT ELECTIVES

YEARS 9 & 10





OUR MISSION

Through excellence in education we are an inclusive community, that embraces choice, opens doors and creates opportunities. With kindness and collaboration, we empower everyone to be the best version of themselves. We are confident, curious and creative individuals who contribute positively to our community.



RESPECT

RESILIENCE

ASPIRATION

DEAR STUDENTS,

The Electives Programme is designed to bring to life our vision of *Excellence and Ambition for All*. We believe every student should have the opportunity to take part in enrichment activities beyond the curriculum - to explore new interests, develop talents, and reach their full potential.

Each academic year, you will take part in **three electives**, with each elective aligned to one of our **Pillars of Excellence**. By choosing electives across the different pillars, you demonstrate both the breadth of your character and your commitment to the *Longdendale Legacy*.

ACADEMIC ELECTIVE

This elective focuses on deepening your knowledge beyond the classroom. You will develop a love of lifelong learning, confidence in critical and enquiry-based thinking and the ability to apply problem-solving approaches to both conceptual and practical challenges.

PHYSICAL HEALTH & WELLBEING ELECTIVE

Physical health and wellbeing are essential to living a healthy, successful life. These electives help you build strength, stamina, resilience, flexibility, teamwork and coordination. You'll also learn strategies to support positive mental health and wellbeing, such as mindfulness.

COMMUNITY & LEADERSHIP ELECTIVE

As a community school, we are proud to strengthen our links with the wider community. We have worked with residential care homes, primary schools, nurseries, churches and food banks - and we are passionate about helping you make a difference. These electives help you develop leadership, collaboration, oracy and project-based learning skills, empowering you to support others and build confidence.

You must choose **four electives** that you would like to study in the **Summer Term**. During tutor time, your tutor will record your choices in order of preference. While we will do our best to allocate your first choice, this cannot be guaranteed, so please consider your reserve options carefully.

From Year 7 to Year 10, you will take part in **12 electives**, helping you to develop both your personal growth and cultural capital. Throughout each elective, your teacher will assess your participation, attendance and behaviour, which will contribute to your Legacy Certificate at one of four levels: **Bronze, Silver, Gold, or Platinum**.

Electives are a compulsory part of our offer for all students. Once assigned, choices cannot be changed for timetabling reasons. Electives commence on Wednesday 29th April 2026 for the Summer Term and take place from 2:35pm - 3:30pm.

Please read this guide carefully before making your choices, and aim to select electives that will stretch and challenge your talents and interests.

Thank you in advance,



Mr J Bowland
Assistant Headteacher

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BEYOND THE BOARD

The Mind and Mastery of Chess



Open to:

- ✓ All year groups

Overview

This elective is based on a two-player board game where the objective is to checkmate the opponent's king by strategically manoeuvring 16 pieces, and it is important because it develops crucial cognitive skills like problem-solving, planning, and critical thinking. The game's importance extends to real life as it fosters patience, teaches how to weigh consequences, and provides a framework for strategic thinking that can be applied to many other situations and challenges.

What transferable skills will I develop through studying this elective?

Problem solving | Critical thinking | Patience | Resilience

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Beyond the Board: The Mind and Mastery of Chess** helps you develop strategic thinking, concentration, and patience - skills that are valuable for future study and many careers. Chess teaches you to think ahead, analyse complex situations, and make decisions under pressure. These abilities are essential in fields like science, technology, business, and law, but also benefit everyday problem-solving and teamwork. By studying the game's strategies and mindset, you're strengthening both your logic and creativity - a powerful combination for success in any path you choose.

CASE CLOSED

Crime Scene Investigation

Open to:

✓ Year 9



Overview

In this exciting elective, students will become detectives, forensic investigators and lawyers as they work together to solve a staged mystery. Inspired by real investigative practices used by organisations such as the Federal Bureau of Investigation, students will analyse evidence, examine clues, question witness statements and explore elements of criminal psychology.

As the case develops, students will prepare for and take part in a mock trial based on the UK justice system, including the role of the Crown Prosecution Service. Lessons will involve collaborative investigation, role play, structured debate and courtroom simulation, encouraging students to think critically and work as a team to reach a verdict.

What transferable skills will I develop through studying this elective?

Critical thinking | Analytical reasoning | Evidence evaluation | Logical argument building | Public speaking

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Case Closed: Crime Scene Investigation** helps you develop analytical thinking, reasoning and communication skills - qualities that are valuable for future study and careers in law, criminology, psychology, forensic science, policing, public services and journalism.

You will learn how to assess evidence carefully, build logical arguments, question information critically and present ideas persuasively. The course also builds confidence in public speaking, teamwork and decision-making under pressure, demonstrating your ability to think clearly and act responsibly in complex situations.

FOOTBALL BY NUMBERS

Data, Strategy and Performance

Open to:

✓ Years 9 & 10



Overview

In this Football by Numbers elective, students will research, study and interpret commonly used data metrics to assess how reliable the data is and whether it can truly determine what constitutes a 'good' football player. We will work together to determine Best XIs, taking current data into account, as well as set up a Fantasy Football team based on the use of data.

What transferable skills will I develop through studying this elective?

Data analysis | Teamwork | Critical thinking | Decision-making

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Football by Numbers: Data, Strategy and Performance** helps you develop analytical, mathematical, and problem-solving skills - qualities that are valuable for future study and careers in sports science, data analysis, coaching, and business. You'll learn how to use data to understand player performance, tactics, and strategy, applying statistics to real sporting situations.

This course also builds teamwork, critical thinking, and decision-making skills, showing that you can combine a passion for sport with a scientific approach to achieving success.

FRAME BY FRAME

Understanding Film

Open to:

✓ Years 9 & 10



Overview

In this elective students will explore the world of film through viewing, discussion and analysis of a range of genres and styles. Students will learn how films are constructed, including camera angles, lighting, sound, editing, narrative structure and character development.

Sessions will include watching key scenes, analysing techniques, exploring themes and messages and discussing how directors influence audience reactions. Students may also have the opportunity to plan and storyboard their own short film ideas, developing an understanding of the creative process behind filmmaking. The aim is to build critical thinking skills while developing a deeper appreciation of cinema as both entertainment and an art form.

What transferable skills will I develop through studying this elective?

Critical thinking | Analytical reasoning | Visual literacy | Communication | Discussion and debate skills

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Frame by Frame: Understanding Film** helps you develop analytical thinking, creativity, and communication skills - qualities that are valuable for future study and careers in media, journalism, marketing, advertising, performing arts, digital content creation and education.

You'll learn how to interpret visual information, evaluate meaning, present opinions clearly and support ideas with evidence. This course also builds confidence in discussion and debate, demonstrating your ability to think critically about media in an increasingly digital world.

PARLA ITALIANO

Introduction to Italian Language

Open to:

✓ Years 9 & 10



Overview

In this elective students will be introduced to the basics of the Italian language while exploring aspects of Italian culture and everyday life. Students will learn and practise key vocabulary and conversational phrases including greetings, introductions, numbers, food, travel and simple questions and responses.

Lessons will involve speaking and listening activities, games, short dialogues and interactive tasks designed to build confidence in using a new language. Students will also explore elements of Italian culture such as traditions, food, famous landmarks and festivals to help place the language in its real-world context.

The aim of the course is to develop curiosity about languages and cultures while building the confidence to communicate using basic Italian phrases and expressions.

What transferable skills will I develop through studying this elective?

Communication | Listening skills | Verbal confidence | Memory and recall | Cultural awareness

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Parla Italiano: Introduction to Italian Language** helps you develop communication, memory and cultural awareness - qualities that are valuable for future study and careers in modern foreign languages, international business, travel and tourism, hospitality, education and diplomacy.

You will learn how languages are structured, how to communicate clearly in unfamiliar situations and how cultural understanding supports effective communication. This course also builds confidence, listening skills and adaptability, demonstrating your ability to engage with the wider world.

PAWS, CLAWS & CARE

The Animal Wellbeing Project



Open to:

- ✓ All year groups

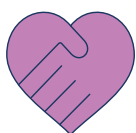
Overview

The key components of this animal welfare elective is based on an animal's five key welfare needs (health, environment, nutrition, behaviour and companionship). This course will identify common health issues around a variety of species, along with prevention. We will also look at dietary requirements of a variety of species, along with the basic accommodation requirements in order to maintain good health and behaviour. Within the course we will also look at the ethics and laws around keeping and caring for animals.

What transferable skills will I develop through studying this elective?

Communication | Empathy and compassion | Active listening | Teamwork

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Paws, Claws and Care: The Animal Wellbeing Project** helps you develop responsibility, empathy, and practical problem-solving skills that are valuable for future study and careers in veterinary science, animal care, biology, and environmental studies. You'll learn about animal behaviour, welfare, and how to meet their needs through hands-on experiences.

This course also builds teamwork, communication, and ethical awareness - showing that you can care for living things and take initiative in real-world situations. It's perfect for anyone passionate about animals and making a positive impact on their wellbeing.

SHUFFLE UP AND STRATEGISE

Card Game Club

Open to:

- ✓ All year groups



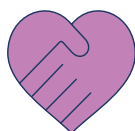
Overview

In this elective students will be introduced to a different card game each week, developing their understanding of rules, tactics and game play. Students will learn how to play a range of classic and strategy-based card games such as Hearts, Rummy, Blackjack (non-gambling format), Uno, Go Fish, Speed and Crazy Eights. Other options may include Spoons (adapted safely), War, President, Solitaire challenges and basic Poker-hand ranking for probability learning (without gambling elements).

What transferable skills will I develop through studying this elective?

Strategic thinking | Problem-solving | Decision-making | Logical reasoning

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Shuffle Up and Strategise: Card Game Club** helps you develop strategic thinking, problem-solving, and decision-making skills - qualities that are valuable for future study and careers in mathematics, business, computing, economics and the wider analytical and strategic professions.

You will learn how to think logically, assess risk, calculate probability and plan ahead while responding to changing situations. This course also builds communication, patience, resilience and sportsmanship, demonstrating your ability to compete positively and think critically in both individual and group settings.

SIGN, COMMUNICATE, CONNECT

Introduction to Sign Language



Open to:

- ✓ All year groups

Overview

In this elective students will get the opportunity to learn the basics of sign language and non-verbal communication. Students will learn and use a range of skills including fingerspelling, everyday signs, greetings, questions and conversational phrases.

They will also learn about facial expressions and body language and why these are important when communicating through sign language. Students will practise signing through games, role play and real-life scenarios, helping to build confidence and communication skills. We will also explore Deaf culture and think about the importance of inclusive communication in everyday life.

What transferable skills will I develop through studying this elective?

Teamwork and collaboration | Leadership | Communication | Respect | Empathy and awareness

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Sign, Communicate, Connect: Introduction to Sign Language** helps you develop communication skills, empathy and cultural awareness - qualities that are valuable for future study and careers in education, healthcare, social care, customer service, and public services.

You'll learn how to communicate clearly using both verbal and non-verbal methods, follow structured language systems and adapt communication for different people and situations. This course also builds confidence, memory skills, and teamwork, showing that you can develop practical communication skills that support inclusive and accessible environments.

SPELL, SCORE, SUCCEED

Scrabble Skills

Open to:

- ✓ All year groups



Overview

In this elective students will develop their vocabulary, spelling accuracy and strategic thinking through the game of Scrabble. Students will learn how to build high-scoring words, use premium squares effectively and apply tactics to block opponents and maximise their own points.

Sessions will include rule explanation, vocabulary-building activities, timed challenges and structured competitive play in a supportive and engaging environment. Students will also explore word roots, prefixes, suffixes and patterns to strengthen both their game performance and literacy skills. The aim is to build confidence with language while developing logical and strategic thinking.

What transferable skills will I develop through studying this elective?

Vocabulary development | Spelling accuracy | strategic thinking

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Spell, Score, Succeed: Scrabble Skills** helps you develop literacy, analytical thinking and strategic planning - qualities that are valuable for future study and careers in English, journalism, law, education, marketing, communications and business.

You will strengthen your vocabulary, improve your spelling accuracy and learn how to think critically under time pressure. The course also builds confidence, resilience and competitive awareness, demonstrating your ability to apply knowledge strategically in both academic and real-world contexts.

CALM, CORE, CONFIDENCE

Yoga and Wellbeing



Open to:

✓ Years 9 & 10

Overview

In this elective students will take part in yoga sessions designed to promote physical wellbeing, emotional regulation and positive peer interaction in a calm, low-pressure environment. Each week students will explore different yoga poses, balance work, stretching sequences and relaxation techniques, gradually building strength, flexibility and confidence.

Each session will begin with a short breathing or mindfulness activity, followed by clear modelling of poses and sequences. Students will then practise independently and as part of guided flows, before finishing with relaxation and reflection to consider how the session supported focus, calmness and overall wellbeing. The aim is to help students develop practical strategies they can use beyond the classroom to manage stress, improve concentration and support both physical and mental health.

What transferable skills will I develop through studying this elective?

Self-regulation | Emotional resilience | Stress management | Focus | Reflective thinking

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Calm, Core, Confidence: Yoga and Wellbeing** helps you develop resilience, self-discipline and self-regulation; qualities that are valuable for future study and careers in sport, fitness, physiotherapy, healthcare, psychology, education and wellbeing-focused professions.

You will learn how movement, breathing techniques and mindfulness can support mental and physical health, linking closely to areas such as sports science, coaching, therapy and holistic health practices. The course also builds focus, patience, independence and reflective thinking skills, demonstrating your ability to manage your wellbeing while working positively and respectfully with others.

CHOP, SPICE, SIZZLE

A Journey through Global Cooking

Open to:

- ✓ All year groups



Overview

In this elective students will get the opportunity to cook a variety of multicultural dishes from around the world. Students will learn and use a range of skills including knife skills, safe food preparation, measuring ingredients accurately, using herbs and spices and learning different cooking methods such as frying, baking, simmering and grilling.

The dishes will include a selection of meals, snacks and street foods inspired by different countries and cultures. We will also have sessions where we taste a range of international foods and think about what makes them different, the ingredients and flavours used and which ones we like and why.

What transferable skills will I develop through studying this elective?

Problem-solving | Following instructions | Numeracy | Communication skills | Teamwork | Patience

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Chop, Spice, Sizzle: A Journey Through Global Cooking** helps you develop precision, creativity, and problem-solving skills - qualities that are valuable for future study and careers in culinary arts, food science, hospitality and nutrition.

You'll learn how to follow processes, experiment with techniques and adapt recipes while paying attention to detail. This course also builds time management, patience and teamwork skills, showing that you can combine scientific thinking with creative flair to produce consistent, high-quality results.

DESIGN IN DETAIL

The Art and Craft of Jewellery Making

Open to:

- ✓ All year groups



Overview

In this elective, students will explore the creative and practical techniques behind jewellery making. From beading and wirework to decorative and recycled materials, you'll learn how to design and craft unique pieces that express personal style and artistic flair. Along the way, you'll develop skills in planning, precision, and creative problem-solving - turning everyday materials into beautiful, meaningful creations. Whether you're inspired by fashion, storytelling, or craftsmanship, this course offers a hands-on journey into the art of jewellery design.

What transferable skills will I develop through studying this elective?

Problem-solving | Attention to detail | Creativity and innovation | Perseverance | Collaboration

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Design in Detail: The Art and Craft of Jewellery Making** helps you develop creativity, precision, and problem-solving skills that are valuable for future study and careers in jewellery design, fashion, product design, and the arts. You'll learn how to plan, craft, and refine intricate pieces, improving your attention to detail, patience, and hand-eye coordination.

This course also builds project management and creative thinking skills, showing that you can turn imaginative ideas into polished, tangible results - a skill set valued in many professional fields.

DRIBBLE, PASS, SCORE

Basketball Skills

Open to:

- ✓ All year groups



Overview

In this elective students will get the opportunity to develop the key skills and tactics needed to play basketball confidently and successfully. Students will learn and practise dribbling techniques, accurate passing, shooting skills, defensive positioning and attacking play. They will also develop an understanding of game rules, teamwork and strategies to outplay the opposition.

Lessons will include skill-based drills, small-sided games and competitive match play to build confidence, fitness, teamwork, and overall game performance.

What transferable skills will I develop through studying this elective?

Strategic thinking | Teamwork | Communication skills | Self-motivation | Discipline

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Dribble, Pass, Score: Basketball Skills** helps you develop teamwork, communication, leadership and resilience - qualities that are valuable for future study and careers in sport, coaching, teaching, public services and the wider health and fitness sector.

You will learn how to make quick decisions under pressure, apply tactical thinking during competitive situations and work effectively as part of a team. This course also builds confidence, discipline and determination, demonstrating your ability to perform in both individual and team environments.

FOLD, CREATE, MASTER

The Art of Origami

Open to:

- ✓ All year groups



Overview

In this elective students will be introduced to the traditional Japanese art of origami, learning how to transform a simple sheet of paper into detailed and creative designs. Students will learn and practise a range of folding techniques, gradually progressing from simple models to more complex creations such as animals, flowers, geometric shapes and decorative pieces.

Each session will include clear modelling of folding techniques, step-by-step guidance and independent creative practice. Students will develop accuracy, patience and focus while exploring symmetry, pattern and structure. The elective will also introduce students to the cultural origins of origami and how it has evolved into both an art form and a mathematical study of design.

What transferable skills will I develop through studying this elective?

Fine motor skills | Hand-eye coordination | Logical thinking | Precision and attention to detail

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Fold, Create, Master: The Art of Origami** helps you develop precision, spatial awareness and problem-solving skills - qualities that are valuable for future study and careers in art and design, architecture, engineering, mathematics, product design and education.

You will learn how to follow complex instructions carefully, visualise shapes in three dimensions and refine techniques through practice. This course also builds perseverance, concentration and creativity, demonstrating your ability to combine logical thinking with artistic expression.

GRIP, AIM, SWING

Mastering the Game of Golf

Open to:

- ✓ All year groups



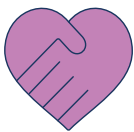
Overview

Learn the fundamental skills of golf. We will develop different types of shots including putting, chipping, pitching and full swing iron and driver shots, as well as improving our course management and shot selection. For those who play golf outside of school, there will be the opportunity to bring in your own clubs and equipment and practise using real golf balls.

What transferable skills will I develop through studying this elective?

Leadership | Communication | Resilience

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Grip, Aim, Swing: Mastering the Game of Golf** helps you build focus, self-management, and decision-making skills that are valuable for future study and careers both in and beyond sport.

You'll develop strategic thinking, discipline, and resilience as you learn to control different shots, practise under pressure, and improve your performance through practice and feedback. These qualities are highly valued in fields like coaching, sports management, education and business - they also help you grow confidence, patience and a strong sense of honesty and sportsmanship.

MINDFUL MAKING

Creativity for Wellbeing

Open to:

✓ Year 9



Overview

In this elective students will take part in calming and creative crafting activities designed to promote wellbeing, emotional regulation and positive peer interaction in a relaxed, low-pressure environment. Each week students will explore a different activity such as mindful colouring, mandala design, bracelet and charm making, origami, bookmark creation and mini canvas painting.

Each session will begin with a short grounding or mindfulness activity, followed by clear modelling of the task. Students will then have independent creative time to complete their work, before finishing with a brief reflection to consider how the activity supported focus, calmness and emotional regulation. The aim is to help students develop practical and enjoyable strategies they can use beyond the classroom to manage stress and support their wellbeing.

What transferable skills will I develop through studying this elective?

Emotional regulation | Self-awareness | Resilience | Stress management | Creativity

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Mindful Making: Creativity for Wellbeing** helps you develop emotional awareness, resilience and self-regulation - qualities that are valuable for future study and careers in psychology, counselling, education, healthcare, social care, youth work and the creative industries.

You'll learn how creative activities can support mental health and wellbeing, linking closely to areas such as art therapy, pastoral care and therapeutic practice. The course also builds patience, independence, communication and reflective thinking skills, demonstrating your ability to manage your own wellbeing while working positively with others in a supportive environment.

MOVE, COMPETE, ACHIEVE

The Craft of Athletics

Open to:

- ✓ All year groups



Overview

In this elective students will get the opportunity to develop a range of athletics skills across track and field events. Students will learn and use a range of techniques including sprinting, middle-distance running, relay skills, jumping events such as long jump and throwing events such as javelin, shot put or discus (age and equipment dependent). Students will also learn about warm ups, cool downs and how to train safely and effectively to improve performance. Activities will include skill drills, fitness training and competitive challenges to help build confidence and physical ability.

What transferable skills will I develop through studying this elective?

Athleticism | Teamwork | Goal setting | Time management | Discipline | Self-motivation

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Move, Compete, Achieve: The Craft of Athletics** helps you develop resilience, determination and self-discipline - qualities that are valuable for future study and careers in sport, fitness, coaching, physiotherapy and the wider health and wellbeing sector.

You'll learn how to set goals, monitor progress, and work to improve performance through training and practice. This course also builds teamwork, leadership, and time management skills, showing that you can work hard, stay motivated, and perform under pressure.

PERFORM, MOTIVATE, INSPIRE

The Craft of Cheerleading

Open to:

- ✓ All year groups



Overview

Longdendale High School won the first ever Tameside Cheer Competition to become borough champions. We are keen to re-establish these routes and create a new LHS Cheer Squad, with the aim to enter local competitions once the team is trained and established. If you have cheer experience already, we are looking for KS4 to become LHS cheer student coaches to assist and lead the club.

What transferable skills will I develop through studying this elective?

Athleticism | Teamwork | Courage | Organisation | Communication

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Perform, Motivate, Inspire: The Craft of Cheerleading** helps you develop teamwork, leadership, and communication skills - qualities that are valuable for future study and careers in sports, performing arts, education, and event management. You'll learn how to coordinate routines, motivate others, and perform with confidence under pressure.

This course also builds resilience, discipline, and time management, showing that you can combine physical skill with creativity and leadership to achieve goals both individually and as part of a team.

ROUNDERS READY

Skills, Strategy and Success

Open to:

✓ Year 9



Overview

In this elective students will get the opportunity to develop the key skills and tactics needed to play rounders confidently and successfully. Students will learn and practise batting techniques, accurate throwing and catching, bowling skills and effective fielding positions. They will also develop an understanding of game rules, tactics and strategies to outwit the opposition. Lessons will include skills based drills, small-sided games and competitive match play to build confidence, teamwork and overall game performance.

What transferable skills will I develop through studying this elective?

Communication | Teamwork | Leadership | Confidence | Coordination and motor skills

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Rounders Ready: Skills, Strategy and Success** helps you develop teamwork, communication and leadership skills - qualities that are valuable for future study and careers in sport, coaching, teaching, public services and the wider health and fitness sector.

You will learn how to work effectively as part of a team, make quick decisions under pressure and apply tactical thinking during competitive situations. This course also builds resilience, coordination and confidence, demonstrating your ability to collaborate and perform in both individual and team settings.

SWIRL, PIPE, FINISH

Cake Decorating Skills

Open to:

- ✓ All year groups



Overview

In this elective students will get the opportunity to decorate a variety of cakes and sweet treats using a range of creative techniques. Students will learn and use a range of skills including piping techniques, working with buttercream and icing, using fondant, creating simple sugar decorations and presenting finished cupcakes neatly and professionally.

The cakes and bakes will include cupcakes, cookies, gingerbread and themed decorated cupcakes. We will also have sessions where we look at different cake designs and decorating styles, thinking about what makes them effective and which designs we like and why.

What transferable skills will I develop through studying this elective?

Creativity | Attention to detail | Problem-solving | Time management | Patience and perseverance

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Swirl, Pipe, Finish: Cake Decorating Skills** helps you develop precision, creativity, and attention to detail - qualities that are valuable for future study and careers in culinary arts, hospitality, food production and event catering.

You'll learn how to follow processes, practise and refine decorating techniques and adapt designs while working neatly and accurately. This course also builds time management, patience and teamwork skills, showing that you can combine technical skill with creative flair to produce professional, high-quality finished cakes and sweet treats.

THREADS OF THOUGHT

The Art and Craft of Cross-Stitch

Open to:

- ✓ All year groups



Overview

This elective explores cross-stitch as both a traditional craft and a contemporary medium for creative expression. Students will learn the fundamentals of stitching techniques while also examining the cultural and historical significance of embroidery across different societies. Through hands-on projects and reflective practice, students will develop their own stitched artworks. Threads of Thought encourages mindful making - where patience, precision, and creativity come together in every stitch.

What transferable skills will I develop through studying this elective?

Problem-solving | Creativity and innovation | Perseverance | Project management

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Threads of Thought: The Art and Craft of Cross-Stitch** helps you develop patience, attention to detail, and creativity - qualities that are valuable for future study and careers in textile design, fashion, art, and craft-related industries. You'll learn how to plan intricate designs, work with precision, and bring ideas to life through careful craftsmanship.

This course also builds focus, perseverance, and project management skills, showing that you can combine creativity with meticulous execution to produce high-quality, visually engaging work.

BRAID, CURL, CREATE

The Art of Hair Design

Open to:

✓ Years 9 & 10



Overview

In this elective students will get the opportunity to learn and practise a variety of hair design and styling techniques. Students will learn and use a range of skills including different types of braiding, creating updos, curling techniques and basic bridal and occasion styling. They will also learn about hair preparation, sectioning and how to use styling tools safely and effectively.

Students will practise styles on training heads and, where appropriate, on each other, building confidence, creativity and technical skill. We will also look at different hair styles and trends, thinking about what makes them effective and which styles we like and why.

What transferable skills will I develop through studying this elective?

Attention to detail | Communication | Professionalism | Creativity | Health and Safety awareness

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Braid, Curl, Create: The Art of Hair Design** helps you develop creativity, precision and attention to detail - qualities that are valuable for future study and careers in hairdressing, barbering, beauty therapy, media makeup, theatre and the wider hospitality and events industries.

You will learn how to follow processes, practise and refine technical skills and adapt styles for different occasions and clients. This course also builds time management, patience, communication and teamwork skills, showing that you can combine technical ability with creativity to produce professional, high-quality finished styles.

CHORUS TO CONCERT

The Power of Performance



Open to:

- ✓ All year groups - by invitation only

Overview

Join us on Wednesday afternoons for our brand-new concert elective, where singers from Years 7 to 10 prepare for a major school performance taking place in July 2026. Unlike our themed concerts of the past - such as 80s Night or 90s Night - this event will be a celebration of all kinds of pop music. Pupils will choose songs they love, develop their vocal skills, and work together to create an exciting, high-quality show. If you enjoy singing and want to be part of a fun, creative project with a fantastic final performance, this is the elective for you! Please note that all students in this elective will be expected to perform.

What transferable skills will I develop through studying this elective?

Problem-solving | Critical thinking | Resilience | Creativity | Strategic planning

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Chorus to Concert: The Power of Performance** helps you develop confidence, teamwork, and communication skills - qualities that are valuable for future study and careers in music, performing arts, education, and event management. You'll learn how to rehearse, perform, and collaborate with others to deliver polished musical presentations.

This course also builds discipline, creativity, and time management skills, showing that you can combine artistic expression with focus and collaboration to achieve powerful, memorable performances.

ASSESS, ACT, SAVE

Essential First Aid Skills

Open to:

✓ Years 9 & 10



Overview

In this elective students will get the opportunity to develop essential first aid knowledge and practical life-saving skills. Students will learn and practise key techniques including CPR, the recovery position, how to respond to choking, managing bleeding, recognising breathing difficulties, responding to chest pain and understanding how to deal with poisons. They will also learn how to assess a situation calmly, ensure personal safety and provide appropriate support until further help arrives.

Lessons will include demonstrations, guided practice, scenario-based activities and discussions to build confidence and competence in emergency situations. The aim is to equip students with practical skills that could make a real difference in everyday life.

What transferable skills will I develop through studying this elective?

Problem-solving | Decision making | Resilience | Communication | Empathy | Social Awareness

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Taking part in **Assess, Act, Save: Essential First Aid Skills** helps you develop responsibility, confidence and decision-making skills - qualities that are valuable for future study and careers in healthcare, nursing, medicine, sport, childcare, public services, teaching and emergency services.

You will learn how to remain calm under pressure, follow clear procedures, assess risk and communicate effectively in urgent situations. This course also builds leadership, resilience, and teamwork skills, demonstrating your ability to act responsibly and support others when it matters most.

KINDNESS IN ACTION

Creating Positive Change

Open to:

- ✓ All year groups



Overview

Kindness in Action is a creative, community-focused elective designed to help students make a real difference through acts of kindness and charity work. The elective gives students the opportunity to plan and take part in a variety of fun and rewarding projects that support both the school and local community.

Students will take the lead in organising and running small charity events such as bake sales, sponsored challenges, and donation drives, while also building meaningful connections with local care homes, charities, and community groups. Activities might include writing letters or creating care packages for elderly residents, collecting items for local food banks, or hosting awareness campaigns for chosen causes.

What transferable skills will I develop through studying this elective?

Empathy | Organisation | Teamwork and collaboration | Communication | Leadership

Which value does this link with?



RESPECT



RESILIENCE



ASPIRATION

How does this elective support future study & careers?

Throughout this course, students will learn how kindness can create positive change and will develop essential life skills such as teamwork, leadership, and communication, and experience the joy of giving back. **Kindness in Action: Creating Positive Change** aims to build empathy, confidence, and a lasting sense of social responsibility - all while having fun and working together for a good cause. It will foster business management skills and through public speaking will support leadership roles that are evident in many career paths today.

RESPECT 
 **RESILIENCE**
ASPIRATION 