

PE/ Dance Learning Journey



Active for Life
achieve their personal best.

Lifelong love for PE Sport and Physical Activity

BTEC Sport comp 3 written exam
BTEC dance Comp 3 responding to a brief Performance and logs

Self-Management, be organised, independent

Study Sport at Further Education and University in a range of Sport courses

Enter Employment or Training in Sports Industry

BTEC Dance Comp 2 PSA
Developing Skills and Techniques in the Performing Arts

Continue to take part regularly in competitive Sports and activities outside school through community links or sports clubs.

BTEC sport Comp 3

Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

Take part in a range of sports

Football, Badminton, Trampolining, Fitness, Striking and fielding, OAA

Demonstrate Teamwork

Develop personal fitness and promote an active, healthy

Foundation Year BTEC Dance option

YEAR 9

Take part in a range of sports Softball, Netball, softball, Badminton, Fitness Football, OAA, Athletics

Pupils develop knowledge of different forms of movement, applied in varying contexts, and developing in complexity

Take part in a range of sports Cricket, Netball, Pickleball, Football, OAA, Dance, Athletics

Maintain Teams / clubs aiming for Max participation

Take part in Athletic activities – Skill / Tactical development focus

Take part in a range of sports Cricket, Dodgeball, Fitness Football, OAA, Dance, Athletics

Fundamental movement skills explored that form the building blocks of sport

Value and take responsibility to move and be active.
Engage in PE lessons to make new friendships

Take part in School Sports Day and represent your school

Take part in a range of Striking and Fielding activities

Compete in teams, Hike Hobson Moor

YEAR 7

Learn routines and standards within P E

Gain confidence in the ability to move & be active.

Be competent moving in a variety of ways and take part in a range of aesthetic and fitness activities.

Get involved in a range of Extra curricular activities

YEAR 10

BTEC Dance Component 1 PSA
Exploring the Performing Arts

key concepts and content. Accurate procedural knowledge mastered in isolation.

Self-Belief, have a positive attitude

Be responsible, prepare to do your best. Continue to take part in a range of Invasion Games – Skill development Focus

Increasing complex motor skills taught

Leadership skills,

BTEC Sports Option Pathways

Be caring, have empathy, help teammates

Take part in a range of sports **Softball, Basketball, Badminton, Football, OAA, Fitness, Athletics**

Maintain routines and standards

YEAR 8

YEAR 11

BTEC Sport

Component 1 Explore types and provision of sport and physical activity for different types of participant

BTEC Sport- Component 2 PSA
Taking Part and Improving Other Participants Sporting Performance

Release of component 3 External Brief BTEC Dance

Take part in a range of sports

Football, Badminton, Trampolining, Handball, Fitness, Athletics, Cricket, OAA

Develop decision making skills, strategies and compositional ideas considering personal strengths and weaknesses